

OCTOBER 25, 2019

PROFESSIONAL DEVELOPMENT DAY

Place: Correlieu Secondary School

Schedule	
8:30 – 8:50	Coffee & Snacks
8:50 – 9:00	Welcome with Ellie Peters
9:00 – 10:00	Keynote Speaker – Kristy Ware
10:30 – 12:00	Session 1
12:00 – 1:30	Lunch (on your own)
1:30 – 3:00	Session 2

The College of New Caledonia will have a display in the foyer from 12:00 to 1:30

Check out some information on the Science and Technology Fair!

To register, email prod@sd28.bc.ca by October 21st

****Please bring your own reusable coffee mug and water bottle****

Keynote Speaker – Kristy Ware

Self-Care for Success – Success in any area of life starts with one small action repeated daily

Have you ever wanted to improve an area of your life but didn't know where to start? Are you looking to make changes but lack motivation and direction?

In this high energy dynamic talk, you will start off with an assessment to help put your level of self-care into perspective. You will then learn the simple and practical **5 Pillars to Self-Care for Success** that I encourage you to implement into your life and your classroom. Tips on how to implement each pillar into your classroom will be touched on. This stuff is not just for the adults!

The primary goal of this talk is that everyone walks away with tangible, realistic, and easily implementable tools that will positively impact your life, and that of the students you teach. Come ready to move your body, nourish your mind and nurture your soul!

Kristy Ware is a strength trainer, nutrition coach, and core rehab specialist as well as a speaker, author and workshop facilitator. She motivates and inspires those around her to lead healthier happier lives through personal growth and development workshops. She believes that *we* must be the change we wish to see in the world, and in order to best support future generations, we must start with our selves.

Kristy has been featured on stages such as: BCFit Vancouver, Vernon Women in Business, and Baby Talks Vernon She has also facilitated workshops at Creekside Dynamic Health, Universal Packaging, Interior Health and Kamloops, Vernon, Prince George and Kelowna School Districts

In her spare time, Kristy writes children's books and blogs on health and fitness. Her work has been featured in The New Moon Gallery, Skyway News, Bookland, Bellies Inc., Thrive Global, and The Personal Trainer Development Centre.

Kristy's passion for speaking and coaching shines through her ability to mix humour with realism, capture an audience, and share her message to inspire people to take action in their business and in their lives. Her mission is to encourage others to continue learning and growing so that they can live their best life.

When she is not running workshops or fitness coaching, you can find her writing, cooking up healthy food in the kitchen (and of course eating!), playing in nature with her wife, or playing LEGO with, or without, her 6-year-old son. Although she has only lived here in Vernon for the past 1.5 years, she is proud to call the Okanagan her home.

Workshop Options

Morning Sessions 10:30-12:00

- ❖ **Coding with Scratch: ADST and French** - Facilitated by Kevin Sturt
- ❖ **Today's Students, Tomorrow's Scientists** - Facilitated by Science World
- ❖ **Classroom Circles Create Strong Communities** – Facilitated by Kristy Ware

Afternoon Sessions 1:30-3:00

- ❖ **Resourcify Your Curriculum!** - Facilitated by Kevin Sturt
- ❖ **Assessing and Planning for Inquiry** - Facilitated by Science World
- ❖ **Feed Your Body, Feed Your Soul** - Facilitated by Kristy Ware

All day sessions

- ❖ **Trash-Can Toss: Instructional Strategies for the New Curriculum and the 21st Century** - Facilitated by Ashleigh Desbiens and Troy Moore
- ❖ **Drinking Some of the AFL Kool-Aid-** Facilitated by Fred Rogger
- ❖ **Oral Language Strategies and Resources** - Facilitated by Holli Garvin
- ❖ **FONIKS FUN 4 U!** - Facilitated by Linda Currie and Alison Dodge
- ❖ **Addressing Mental Health Issues in the Classroom** – Facilitated by BCTF presenter Callista Vagt

Morning Sessions

10:30 – 12:00

Coding with Scratch: ADST and French

Facilitated by Kevin Sturt

Kevin is our District Curriculum Tech and Language Coordinator for SD 28. His role is to help teachers integrate technology and French into the curriculum

Audience: Grade 4 – 9 teachers, ADST, Core French and French Immersion Teachers

This workshop provides an opportunity to explore the many possibilities available for coding with SCRATCH, including dialogues and conversations in French. Participants will receive classroom ready support materials and have time to explore this versatile coding program.

Today's Students, Tomorrow's Scientists

Facilitated by Science World

If you are looking to enhance your experience with inquiry-based learning, this workshop is for you! Open inquiry requires students to act like scientists (by formulating questions, designing investigations and communicating results). This workshop aims to uncover the ways in which we can foster life-long learning by encouraging our students' curiosity. We'll develop criteria to help us adapt activities for inquiry and put it to use! Join us to share ideas, explore open inquiry and discuss how to support student-led investigations.

Classroom Circles Create Strong Communities – Giving students a voice and a place to be heard in the safety of the classroom

Facilitated by Kristy Ware

Kristy is a motivational speaker, author, facilitator and fitness coach. She believes that *we* must be the change we wish to see in the world, and in order to best support future generations, we must start with our selves.

Audience: Everyone

Do you know the importance and benefit of running a classroom community circle but aren't sure where to start? Do you have a strong desire to enrich the lives of the students you teach through meaningful conversations, but struggle to know how to get them talking? Encouraging and helping students to engage in open and interactive discussion can be challenging, especially if their perspectives differ. This is why it's important for educators to provide a supportive space to explore and discuss topics such as environmental issues, diversity, inclusion, money, success, love, and LGBTQ2.

Classroom circles help students learn empathy, compassion, and that everyone deserves the opportunity to speak, be heard, and be respected.

By the end of this interactive workshop you will learn:

- The importance of encouraging students to voice their opinion, speak their truth and listen attentively to the perspectives of others
- How to facilitate a great classroom community circle that supports the BC Curriculum Core Competencies for communication, thinking, and personal & social development
- Tips and tools on what makes a great leader/facilitator and how to put that into practice
- Why creating more opportunities for students to connect within the classroom creates more supportive individuals within our communities

'Conversation Sparkers' card decks to help facilitate discussion will be available for \$20 (two options: K – 5 student deck, and Grade 6+ student deck)

Afternoon Sessions

1:30 – 3:00

Resourcify Your Curriculum!

Facilitated by Kevin Sturt

Kevin is our District Curriculum Tech and Language Coordinator for SD 28. His role is to help teachers integrate technology and French into the curriculum

Audience: K – 12 Teachers, Teacher Librarians

This workshop will provide an overview of the ERAC digital classroom resources (e.g. World Book, Gale Searches, Curio, Learn 360) and go deeper with new additions (Tigtag for Science, Canoe Kids). You will have time to explore the Weebly site and these wonderful digital resources.

Assessing and Planning for Inquiry

Facilitated by Science World

Audience:

Inquiry-based learning requires inquiry-based assessment. Our students' development of curricular competencies may not be readily apparent. Test different methods for gathering evidence of learning and looking at student work. We will share best practices for assessment and feedback as we explore how to further inquiry-based learning in our classrooms.

Feed Your Body, Feed Your Soul – Tips and tools to help you make your relationship with food a positive one

Facilitated by Kristy Ware

Kristy is a motivational speaker, author, facilitator and fitness coach. She believes that *we* must be the change we wish to see in the world, and in order to best support future generations, we must start with our selves.

Audience: Everyone

Is your grocery cart full of food – or food products? Do you wish you could simply eat for life instead of focusing on the next fad diet or weight loss supplement?

The food we eat tells a story about our culture, traditions, values and importantly, our self-love. Yo-yo dieting leaves people feeling defeated, frustrated and downright unhappy. We aren't good for our families, colleagues, students, or ourselves when we are constantly struggling to stay energized, enthusiastic and fueled for our day. What if you decided once and for all to get off the dieting bandwagon and make today the day you start eating for life?

By the end of the workshop you will leave empowered to:

- Find enjoyment in food that might be missing from your life
- Make changes, one meal at a time without deprivation or elimination
- Gain a better understanding of food vs. food products and why it matters
- Make meal planning and meal prep achievable and fun!
- Stop, listen and respond to your body's cues for hunger and satiety

All Day Sessions

10:30 – 3:00

Lunch 12:00 – 1:30

Trash-Can Toss: Instructional Strategies for the New Curriculum & the 21st Century

Facilitated by Ashleigh Desbiens and Troy Moore

Ashleigh and Troy are teachers at Correlieu Secondary School and are members of the Quizzly Bears, the current, reigning, somewhat undisputed champions of Quesnel Literacy Trivia.

Audience: All Teachers

Ever had a child vomit on you for half the night? Ever had that great assignment take half as long as you thought? Ever simply thought, what do I do now?

We've all been there. We've all struggled for meaningful lessons and for 5 minute time fillers. Well struggle no more.

Ashleigh Desbiens and Troy Moore are happy to present Instructional Strategies for the New Curriculum and the 21st Century. Stolen from the University of Oklahoma Education department, our handy workshop will demonstrate, teach, and practice a variety of instructional strategies. From think-pair-share to #tweet-up to KWL we explore numerous instructional strategies designed for new teachers and refreshers for vets. Space is limited and all participants will receive a fancy (semi-fancy) duotang full of instructional strategies.

Drinking Some of the AFL Kool-Aid

Facilitated by Fred Rogger

Fred is the Humanities and New Curriculum support teacher for Correlieu Secondary School

Audience: Upper Intermediate to High School Teachers

The goal of this workshop is to provide an overview of Assessment for Learning philosophies and strategies as well as explore useful AFL techniques. You will have time to adapt and create your own approaches. You will also can share with the group and be ready to use these techniques Monday morning.

Oral Language Strategies and Resources

Facilitated by Holli Garvin

Holli has worked in education for the past thirty years. Before returning to post-secondary she went to Lakeview Elementary and then graduated from Correlieu Senior Secondary School. After leaving the classroom of seventeen years she joined the Learning Service Support Team (LSST) as a Culture Resource Teacher in the Aboriginal Education Department. Holli works in all schools, in most subject areas, and all grades K-12. Her ancestry includes Secwepemc Shuswap (First Nations), Spanish, Irish and English. In her community she is a board member at the local Quesnel Tillicum Society (Friendship Centre) and supports students and families by attending local events.

Audience: All Teachers

Telling a story is a powerful way to connect with students. Together, during this workshop we will explore oral language strategies and resources that promote telling and retelling stories. We will share benchmarks provided for listening and speaking. You will be given tools to help find your own story.

FONIKS FUN 4 U!

Facilitated by Linda Currie and Alison Dodge

Linda and Alison are Early Literacy Teachers for SD 28. In their very little spare time, Linda likes watching sunsets and taking long walks on the beach, and Alison enjoys snowstorms and short walks in her parka!

Audience: Primary Classroom Teachers, and LA Teachers

Have you ever noticed that there are numerous activities to practise phonemic awareness and phonics skills, but not much out there to help with the teaching of these skills? This workshop will provide hands on teaching strategies for phonemic awareness (rhyming, blending, segmenting, deletion etc.) There will also be a focus on introducing the scope and sequences of phonics and how to teach the sounds.

Addressing Mental Health Issues in the Classroom

Facilitated by BCTF presenter Callista Vagt

Audience: All Teachers

Teachers are noticing the increasing numbers of students in their classes who are exhibiting behaviours that are problematic and perplexing. This five-hour workshop will help develop teachers' understanding of what mental health issues might look like in students and how best to help the students in their classrooms. Teachers aren't expected to be psychologists or medical practitioners in resolving these issues, but there are ways for them to help students with mental health issues.